



## Fibroblast Plasma After Care

Entire healing process will take from 4-8 weeks depending on your body regeneration and age. Your new skin will go through several phases during the healing cycle. Itching and flaking may appear Carbon crusting (Scabs) look like “Dots” appear during the first 2-5 days and will exfoliate on their own and shed off. **\*Please remember it takes a full 8 weeks to see final result. After dots shed, the skin may appear (pink) but healed. That is just the beginning as the skin underneath does its work. It takes 4-8 weeks for collagen and elastin production to BEGIN! Be patient!**

**Post Care:** Please follow all instructions as written. For possible swelling with some mild discomfort you may take Benadryl, Ibuprofen immediately after service to help reduce sooner. REMEMBER it could feel like a sunburn immediately after and in the first couple hours but should disappear soon. If necessary you may also use cooling gel pack or bag frozen peas to reduce discomfort.

**IMPORTANT to follow Aftercare for next 1-7 days:** Clean hands prior to touching your skin.

**Steps 1-5 to be done AM/PM Daily to obtain the best results.**

1. Daily apply Hibiclens wash with a lint free facial cloth by Wash and Water then fully dabbing the treated area by Press, Press and Press.
2. Follow with Gently Splashing Cool water then pat dry. (Let fully dry and feel tight before applying Gel)
3. Follow with Recovery Gel after cleansing (Aloe base) apply with *Pat, Pat and Pat* onto skin and leave on. If there is discomfort such as burning, swelling or itching you may also use Calming Gel in small container which was also supplied to you.
4. Day 4 Will add Hayluronic Peptides Serum
5. Stating 2<sup>nd</sup> Day after your treatment wear SPF 33 Daily for your protection for “Best Results”.

*During and after your treatment is complete Donna will be applying the Aloe base “Recovery Gel” so to immediately begin to rescue the skin from any heat associated during this treatment. Once service has been completed you will enjoy the relaxing treatment under the LED Infra Red Light Therapy. This will start rescuing your skin tissues and start the healing process while reducing your inflammation. Please note when you leave after treatment you will have little or no discomfort.*

*You will return 3<sup>rd</sup> day and 5<sup>th</sup> day Day after your original treatment to allow me to access your progress of healing and provide you with LED InfraRed Light Therapy which will greatly enhance your result, (This is at no additional charge it is included in your original cost). **For 30-45 minutes of Pampering just for you!** We will also discuss your regimen changes if any at that time.*

**Velvet Touch Permanent Cosmetics and Skin Care, LLC**  
469-774-6554 Donna Furr, Located in Rockwall Medical Center



## Fibroblast Plasma Aftercare Continued Page 2

### The following you must **AVOID** during next 7-14 days following procedure

- Absolutely NO Exfoliating treated area for 2 weeks.
- Absolutely Avoid any makeup till crusting falls away. No Exceptions!
- NO Picking, Scrubbing or Pulling Removing the scabs prematurely could and may result in scarring.
- NO Full pressure of shower water next 5-7 days
- No Practicing or playing sports that will cause sweating
- No Swimming or Increased Sweating
- No Hot sauna, hot bath, or Jacuzzi
- No Sun tanning or salon tanning
- UV/UVA Rays, Chemicals may cause Burn reaction and/or Blood poisoning from sun exposure.
- No scratching of the Plasma treated area in order to avoid scarring of the area.
- No tasks related to heavy household cleaning such as garage where there is a lot of airborne debris
- No Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- **IMPORTANT!** Avoid sun exposure and tanning beds to the treated area- Once the scabbing process is complete, always use broad spectrum SPF to area for a minimum of 3 months after your treatment. This skin is still healing and can easily become damaged by any UV rays and may cause hyperpigmentation and/or premature aging.

**\*\*\*\*DO NOT apply any home remedies, plasters (liquid bandage) or ointments other than what is provided to you. This may delay the intended healing process and /or cause infection.**

Always keep the area clean to avoid infections until the carbon crusts (scabs) have formed and exfoliated on their own. Removing the scabs prematurely could and may result in scarring.

### **BE PATIENT WITH THE HEALING PROCESS AND ALLOW YOURSELF TIME TO REST & HEAL.**

If you have any unexpected problems with the healing of the skin, please contact Velvet Touch Permanent Cosmetics immediately to discuss further instructions. Or **Contact and consult physician if any signs or symptoms develop such as the following: fever, redness at the site, swelling, tenderness of the procedure site, elevated body temperature, red streaks going from the procedure site towards the heart, and/or any green/yellow discharge.** May report any adverse reaction to the Texas Department of State Health Services at 888-839-6676.

***Looking for Great Results and awesome Photo's!!***

***Velvet Touch Permanent Cosmetics and Skin Care, LLC***

***Donna Furr, Located in Rockwall Medical Center***

***810 E Ralph Hall Pkwy., Ste 110 469-774-6554***

***License Esthetician, Master PMU and Certified Fibroblast Plasma Practitioner Tech***

***May require more than one treatment to reach you results.***

***Everyone heals and responds different and there are No Guarantees or Refunds***

***You may text anytime if you have questions or may not be sure that the instructions were clear.***